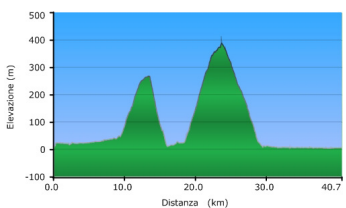
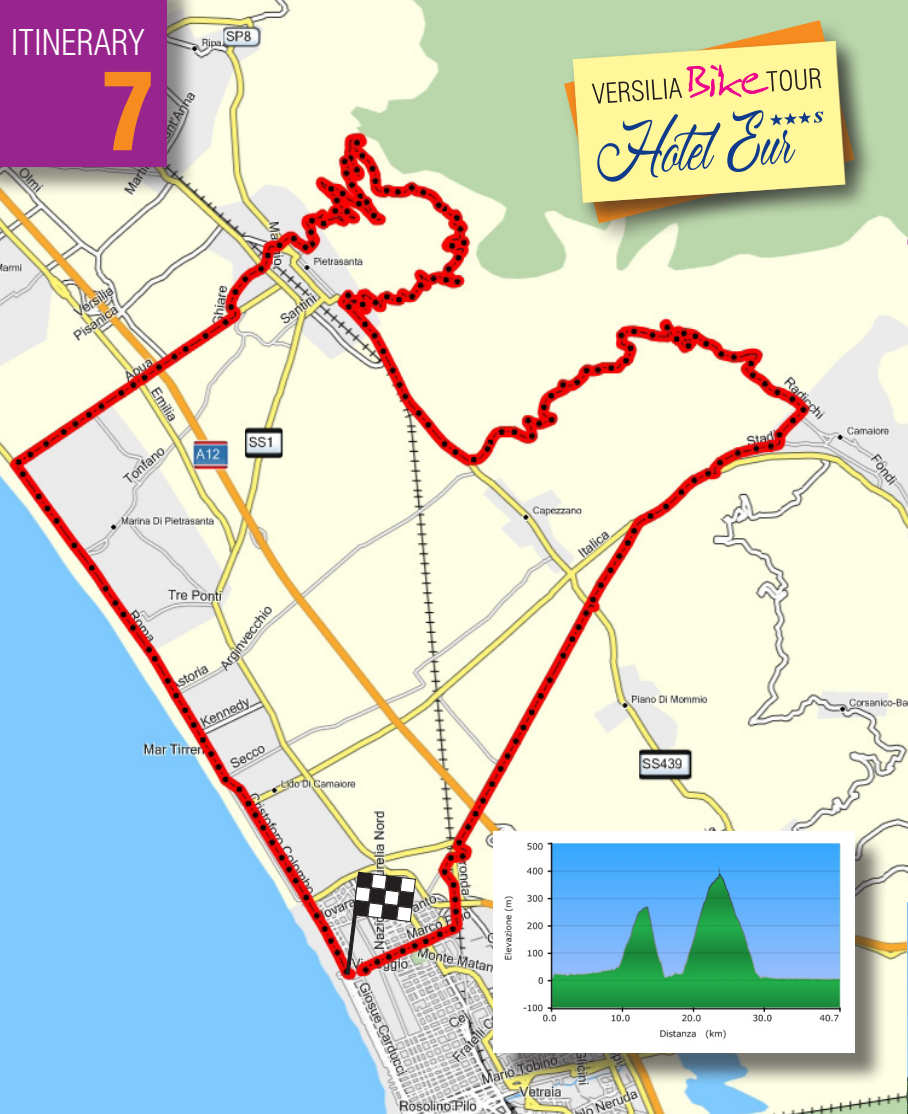


ITINERARY 7

VERSILIA *Bike TOUR*
*Hotel Eur****s*



ITINERARY 7

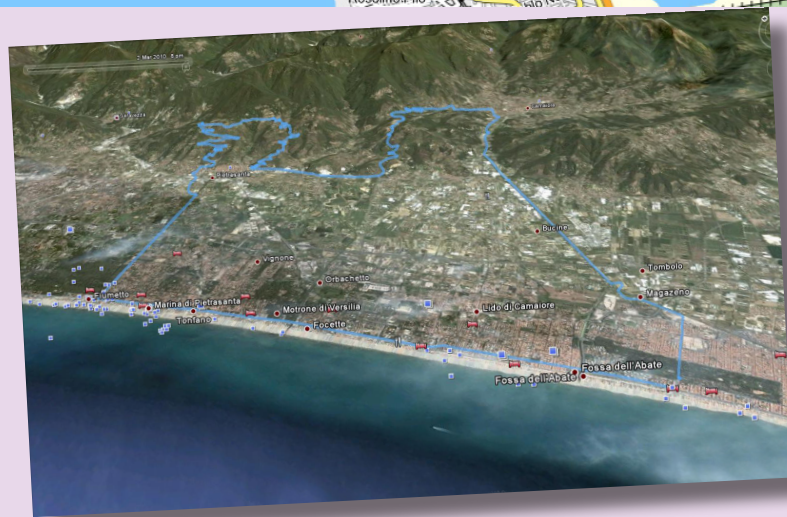
Camaiore, Montebello, Pietrasanta, Capezzano Monte and Capriglia

Length: 40,7 km
Altitude peak: 391 metres
Total rise: 660 metres
Degree of difficulty: ●●●○○○
Ideal period: February/November
Excursion time: about 2 hours



Starting from Viareggio sea-front, near Galliano Café, set off towards Camaiore through Via Marco Polo. At the railway turn left and at the following roundabout turn right under a subway that will lead you to another roundabout. Here follow the sign to Camaiore and

take the provincial road. After about 9 km, at the roundabout, turn left towards the city centre and after the Frati Church turn left towards Montebello. After 50 metres turn right and then go straight on for about 300 metres until you'll find the road signs to Montebello, a quite





View over Viareggio from Capezzano Monte

hard slope that will lead you to Monteggiori. The descent towards Capezzano Pianore is short but requires good brakes. At the end of the descent you'll find a roundabout, turn right towards Pietrasanta, and go through Baccatoio hamlet, a little 300 metres long slope.

After the fork for Valdicastello (famous because it gave birth to Giosuè Carducci and where it's possible to visit his museum), on the right there's a little road leading to Capezzano Monte (the road sign is visible only if you come from Pietrasanta, so be careful). The slope begins



Camaioire

with short hairpin bends in the middle of cultivated terracings and Olives trees and goes on with hard slopes for about 4,7 km until the residential area. From there, after 900 metres of gentle slopes, you'll reach Capriglia, where you can have a break and admire the view over the coast from Mount Marcello to Livorno. From Carpiglia the descent allows you to arrive in Pietrasanta. Here, following road signs to the seafront, go in Viale Apua that leads you to the seafront of Marina di Pietrasanta. Go towards Viareggio and after 4 km you'll reach the starting point. Being a ring itinerary, it's possible to do it backwards, considering that the slope from Pietrasanta to Capriglia is more gentle but a little longer, while the rise from Monteggiori is fit only for anyone who has a good physical fitness.



Pietrasanta

Bank Services



Agenzie in Viareggio, Capezzano Pianore, Pietrasanta, Marina di Pietrasanta, Lido di Camaioire

Refreshments and Breaks

Ristorante Monte di Rose

Speciality: Fried food

Price: 25/30 euro

Via Montebello, 166 Montebello
0584 981057

Ristorante La Dogana

Speciality: Fried food

Price: 42 euro

Via Sarzanese, 442 Capezzano Pianore
0584 915159

Osteria Caffè Il Nespolo

Speciality: Cocoa noodles with ham and mascarpone cheese

Price: 25/30 euro

Via Capezzano, 125 Capezzano Monte
0584 771124

Ristorante Enoteca Marcucci

Speciality: Cubic steak

Price: 45 euro

Via Garibaldi, 40 Pietrasanta
0584 791962

Ristorante Il Vignaccio

Speciality: Green tortelli in meat sauce

Price: 30/35 euro

Via della Chiesa, 26 Santa Lucia
335 5914733

Pasticceria Pizzeria Pasubio

Speciality: Pepper cake

Via Vittorio Emanuele, 100 Camaioire
tel. 0584 989645

Technical Assistance

Bacci Renzo

Via Tremaiola, 76
Marina di Pietrasanta (LU)
0584 20626

Aliverti Fiorenzo

Via Aurelia Sud, 47 - Pietrasanta (LU)
0584 792622

Due ruote per tutti

Via Meccheri, 65 - Querceta (LU)
0584 742134

Cicli Lari Giuseppe

Via Rosmini, 60 - Viareggio (LU)
329 2741590

Maggi Motors

Via Roma, 4 - Camaioire (LU)
0584 989381