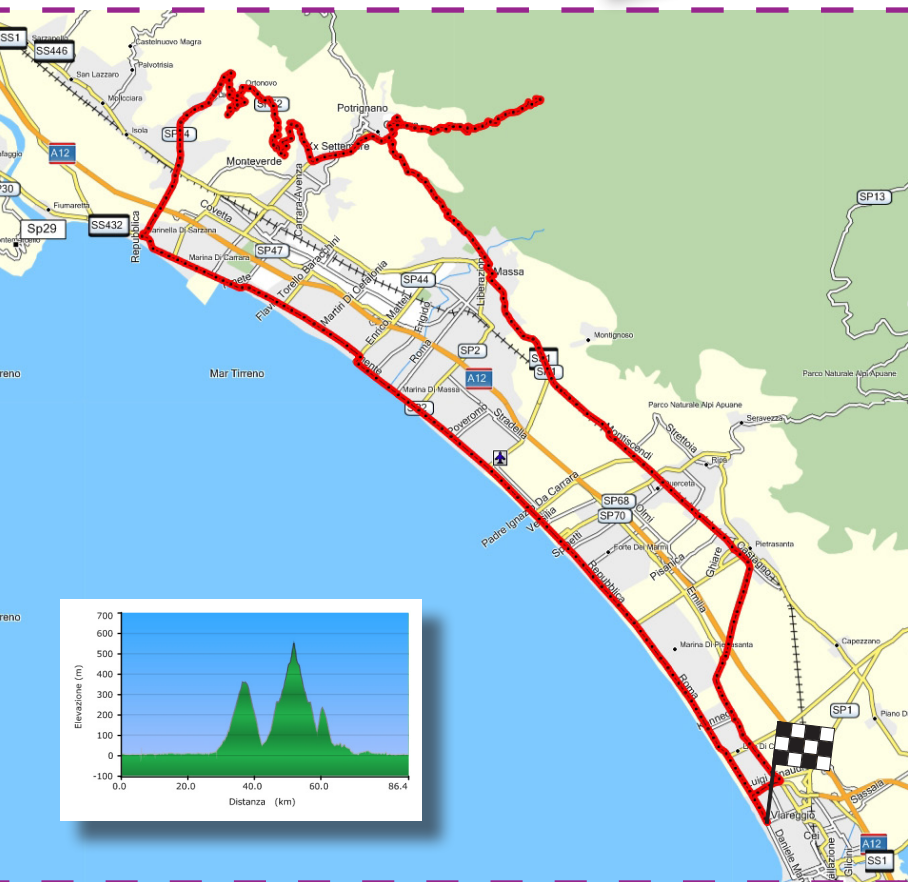


# ITINERARY 19

VERSILIA *Bike* TOUR  
*Hotel Eur* ★★★★★

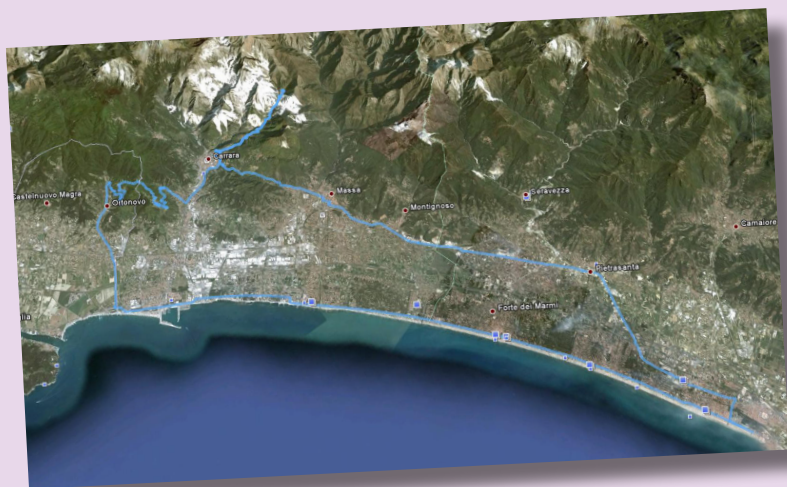


## ITINERARY 19

### Ortonovo and Colonnata

Length: 87,9 km  
Altitude peak: 553 metres  
Total rise: 1096 metres  
Degree of difficulty: ●●●●●  
Ideal period: May/September  
Excursion time: about 5 hours

Starting from Viareggio seaside near Galliano Café, go northwards towards the centre of Lido di Camaiore, full of traffic lights. The ride is very easy with long rectilinear roads where the cars speed is moderate, due to the police controls. Fiumetto, Marina di Pietrasanta, Tonfano are names evoking suntan and beach umbrella. To reach Forte dei Marmi you have to travel 11,5 km. This itinerary is good in winter-time or in summertime in the morning, when you meet a few cars. Go northwards along the beautiful sea-front through Cinquale and Marina di Massa. After 700 metres at the roundabout turn right following road signs to the stadium. At the first traffic lights turn left in a 5 km rectilinear road through Bondano and Partaccia. At a fork, follow road signs indicating La Spezia, keeping the sea and Marina di Carrara port on your left. From the starting point you have already travelled







Nicola village

26,7 km. You'll find a road sign indicating the end of Massa and Carrara province. After the road sign of Marinella di Sarzana turn right and then turn left and at the stop sign after the railway subway turn right (about 2,4 km). Go straight on following the signs to Ortonovo. After a 1,7 km gentle slope you'll find a fork to Nicola hamlet, a little village at the summit of a mountain. If you follow this itinerary turn left. After 500 metres you'll reach Casano. Here the road begins to slope upwards and after 1,2 km turn right following the signs to the centre of Ortonovo. The cycling isn't hard and you can have a pleasant outlook over Bocca di Magra and the sea. Pay attention: some stretches of the road are very narrow. When you reach Ortonovo village have a break in the little square in front of the church. The view is breathtaking. After Ortonovo go ahead for other 1200 metres and then you'll

pass the top of the mountain. The descent towards Carrara is 6 km long and you can have wonderful views over the Apuan Alps and the coast until Livorno. At the end



Colonnata

of the descent, at the traffic lights, turn left towards Carrara. After about 1,5 you'll see the road sign to Colonnata. At the stop sign turn left, following road signs to Codena Cave di Marmo (Marble Quarries). The slope is very hard until Codena (about 3 km). After Bedizzano have a break at Giannelli to taste the famous Colonnata lard and many others typical products. You can

have a break in the lovely garden and admire the marble quarries. After the break the descent continues until Colonnata that you'll reach after about 4 km. Save some energy because the last 1 km is really hard. In the little square, besides the various lard shops, there is a good drinking fountain with which you can quench your thirst. Following the same itinerary you can return to Carrara. Turn left towards Massa. The slope (called "della foce") isn't long (1,6 km) but it's quite hard. The descent towards Massa is 4 km long. After the bridge, at the second traffic lights, turn right and at the following traffic lights turn left towards Pisa. Go along this road through Querceta, Pietrasanta and Lido di Camaiore until Viareggio. At the roundabout after the bridge of Fosso delle Abate turn right in the direction of the sea. At the second traffic lights turn left and you'll reach the starting point, after having travelled the 97,9 km of this wonderful but very hard itinerary.



The quarries

## Bank Services



Agenzie in Viareggio, Lido di Camaiore, Marina di Pietrasanta, Forte dei Marmi, Querceta, Pietrasanta

## Refreshments and Breaks

### Ristorante Lorenzo

**Speciality:** Fish

**Price:** 90

Via Carducci, 61/63 Forte dei Marmi  
0584 874030

### Locanda della Marchesa

**Speciality:** Fettuccine with smoked guanciale di cinto

**Price:** 40 euro

Piazza della Chiesa, 19  
Loc. Nicola Ortonovo (SP)  
0187 660491

### Ristorante Venanzio

**Speciality:** Larded beef fillet

**Price:** 40 euro

Piazza Palestro, 3 Colonnata (MS)  
0585 758033

### Ristorante Manè

**Speciality:** Fish crudités

**Price:** 35 euro

Viale Europa, 15 Lido di Camaiore  
0584 67187

### Bar Il Pinolo

**Speciality:** Stuffed flat brad

Via del Fortino, 40 Lido di Camaiore  
0584 66333

## Technical Assistance

### Cicli Tarducci Roberto

Via Mazzini, 96 - Viareggio (LU)  
0584 945180

### Cicli Kamà

Viale Colombo, 330 - Lido di Camaiore (LU)  
0584 1841250

### Cicli Maggi

Viale Morin, 83/a - Forte dei Marmi (LU)  
0584 89529

### Cicli Santini

Via Mazzini, 244 - Forte dei Marmi (LU)  
0584 881047

### Marina Bike

Via delle Pinete, 72  
Marina di Carrara (MS)  
0585 634622

### Biemme Bike

Via Risorgimento, 37 - Forte dei Marmi (LU)  
0584 80994